



INSPIRED PSYCHIATRIC CARE
Compassion, Excellence & Convenience

Inspired Psychiatric Care Controlled Substances Notification

Thank you for trusting Inspired Psychiatric Care for your ongoing mental health needs. It is an honor to care for you.

We are now asking all our patients on controlled substances to sign a Controlled Substance Agreement.

This is designed to keep you safe.

Patients taking controlled substances will now be asked to:

- Sign a Controlled Substance Agreement which outlines our policy in accordance with state laws.
- Be seen in the office at least monthly.
 - (At the provider's discretion, this may be extended to once every three months.)

At the provider's discretion, patients may also be asked to:

- Perform a urine drug screening test in the office to confirm the presence or absence of controlled substances.
- Come into the office for a pill count.

Frequently Asked Questions:

How do I know if I am taking a controlled substance?

For a list of Controlled Substances, please click here: <https://www.dea.gov/drug-information/drug-scheduling>

What does the agreement say?

Read the full agreement here: (insert link)

What if I do not want to sign the agreement?

If you choose not to sign the agreement, IPC providers will be unable to prescribe any controlled substances. We can continue to prescribe your other mental health medications.

Will I be required to take a urine drug screen?

No. Urine drug screens will be ordered at the discretion of your provider.

What is the purpose of the urine drug screen?

The urine drug screen documents that you are taking the medication as prescribed, and that you are not taking other controlled substances or illegal drugs.

What happens if marijuana shows up in my urine screen?

Marijuana is legal in many states and is now legal in Missouri. If marijuana is discovered in your urine drug screen, it will not affect your ability to obtain care at IPC. Nor will it affect your ability to continue to obtain controlled substance prescriptions. If your marijuana use is problematic, your provider will have a conversation with you to address his or her concern.

Can I get my controlled substances from different doctors?

We require that you obtain all your psychiatric medications from IPC, including controlled substances. This helps prevent potential adverse medication outcomes. The only exception to this any type of pain medication, as providers at IPC do not prescribe pain medications. If you are taking a controlled substance for pain (e.g., Tramadol, Oxycontin, Lortab, etc.) please indicate that on the Controlled Substances Agreement.

Why must I agree to use only one pharmacy to fill my prescription?

Doing so allows your provider and pharmacy to monitor for drug interactions from medications prescribed by other providers. It also helps protect you from using too much and too many of medications.

If I test positive for marijuana or other controlled substances or illegal street drugs in my urine screen, will you share or report the results to anyone else?

No, unless you are 17 years of age or younger. At the discretion of your provider, these results may be shared with your guardian.

What if I am addicted to my medication(s)?

Please reach out through our patient portal! IPC is a judgement free-zone, and we are here to help you!